

Dear Leader,

Thank you for facilitating and leading a group study of *What I Wish My Mother Had Told Me About Men: 12 Secrets Toward Greater Intimacy*. The following pages highlight truths taken from the book and provide questions and suggestions to lead this study.

A couple thoughts before you begin:

- One of the most important practices you can do, as you lead this study, is to pray for each woman who participates in your group. God alone provides life-transformation. Invite Him to lead, direct and provide you with wisdom. He won't let you down.
- Second, I have provided videos to complement your group meetings. To access each video go to: <http://hisloveextendedministries.com/bonus-video/>. Simply enter the word Transformation as the password to play each video.
- Remind each participant (in word and by example) that transparency fosters life transformation and that to experience the greatest life transformation requires life-giving expression. In other words, set a positive tone and structure for your group. Here are few topics to address:
 - Confidentiality of group.
 - Self-awareness—since we learn from one another, we want to allow time for everyone to participate.
 - Encourage them to share and focus on what they are feeling, what they are learning, what God is teaching, and how they are being challenged by His Word. Remind them the group is NOT designed to tear down or revert to male-bashing.
- Finally, thank you for sharing your time, energy, and creativity. I would love to hear the testimonies you encounter and any successes or practices that could enhance the facilitation of this study. If you'd like to submit ideas or have questions, contact us at: [Http://www.juliegorman.com/contact](http://www.juliegorman.com/contact).

Be sure to sign up for my FREE word of encouragement at: [JulieGorman.com](http://www.juliegorman.com)

God Bless!

Julie Gorman

Week One: Lie #1-A Man Will Validate My Worth

- ❖ Open each session with a time of fellowship and a get to know...During this week you could have everyone share in 60 seconds or less the first time they met their spouse or what they remember about their first crush.
- ❖ Watch the video: A Man Will Validate My Worth
- ❖ Questions and Interaction:
 - Read Isaiah 55:2-3.
 - Ask: “What do you believe God is promising in this passage?”
 - What makes you feel fulfilled?
 - What makes you feel beautiful?
 - How have you tried to fill the “God-Vacuum” of your soul?
 - How have you tried to pigeon hole a man to validate your worth? (or) Have you ever expected a man to validate your worth...if so...how did it leave you feeling?
- ❖ Read Shannon Ethridge’s quote from page 23.
 - Then ask: How has your relationship with your earthly father impacted your relationship with your heavenly Father?
 - Do you agree with the statement that Julie makes that “The key to maintaining healthy relationships hinges on our relationship with Jesus Christ.” If so, how and why?
 - Are there ways that you’ve substituted your intimacy with God for an earthly relationship?
 - Has your commitment to God become complacent? Or has your passion for him begun to fade?
 - Are there ways you’ve spent your energy running after things that don’t satisfy?
 - What keeps you from or distracts you from a more intimate relationship with God?
 - What are some practical ways you can run toward the unshakable, unwavering, uncompromising love of God?
 - How does the truth that God loves you deeply, madly, and passionately influence you?
 - What are some ways you can listen to and learn from God more practically in your every day?
 - How does Lance Witt’s quote that you are loved intrinsically not transactionally effect you? Do you ever try to “earn” God’s love or struggle to believe that He loves you passionately?
 - What changes do you need to make to experience more of God’s love and presence?
 - How has God demonstrated His love to you?
 - Read the Letter from the Father from Chapter one, asking each woman to close her eyes and to truly envision God and His love for her.
 - Read the “For Your Reflection” section on page 35. Ask if they have any final thoughts to add.
- ❖ Read the “A Practical Application” section on page 36. Encourage your group to take time to re-read the verses located on pages 32 and 33 and reflect on applications for their life. Also, encourage them to read through chapter two (slowly) during the next week and to take time to reflect on key elements of the chapter for application.
- ❖ Finally, close in prayer.

Week Two: Lie #2-A Man Will Rescue Me

- ❖ Open each session with a time of fellowship and a get to know...This week open with a fun question like who is your favorite super-hero and why?
- ❖ Watch the video: A Man Will Rescue Me
- ❖ Questions and Interaction:
 - Read Isaiah 31:4-5 on page 39.
 - Ask: “What is the most intimate way you’ve ever witnessed/felt/or experienced God defend or protect you?”
 - What makes you feel safe and secure?
 - How do you actively pursue God?
 - Do you sometimes feel ruled by a desire for a man to rescue you from your current situation, fears, financial trouble, or emotional needs?
 - Is your security determined by God or is it contingent upon your relationships?
 - Does your desire for security or a relationship ever tempt you to compromise your standards?
 - Do you agree that searching for salvation in any person other than Jesus is perilous? If so, what are some healthy ways that you can guard against that?
- ❖ Julie shares that “Faith isn’t contingent on the outcome of your circumstances; faith resides in the unshakable confidence of WHO GOD is and His good intent towards you.” How does that thought resonate with where you are in life and in your relationships?
- ❖ Julie also shares that one of the greatest gaps in life is the gap that exists between knowing and doing. We can want to grow in intimacy with Christ...we can want to obtain and maintain healthy relationships but sometimes we fall back into old habits. What are some steps that will move you towards greater intimacy with God? And what faulty expectations or changes do you need to embrace that will enhance your earthly relationship?
- ❖ Julie encourages us to pick a passage of Scripture and to personalize the promise. She uses the example from Psalm 34:18-19 “The Lord is close to the broken-hearted and saves those who are crushed in spirit.” What Scriptures inspires and encourages you? How do they help you in your journey of faith?
- ❖ Julie writes that “our freedom comes through an ongoing relationship with Christ.” And, that “our natural tendency to seek security in the arms of a man diminishes as we experience a deeper relationship with Christ.” How can we grow in our intimacy with God?
- ❖ Part of healing and walking in wholeness requires meditating on what is true, noble and right. How do you or have you re-patterned your thinking?
- ❖ Practical Application for the week: Spend time searching to see if there are ways you feel hindered to encounter God because of self-limiting ideas or because of past experiences. Right down any lies you’ve believed and replace them with Scriptural Truths.
- ❖ Close in prayer.

Week Three: Lie #3-A Man Will Never Let Me Down

- ❖ Open your session with a time of fellowship and a get to know...This week open with a fun question by saying, last week we shared who our favorite super-hero was and why? This week I thought it would be fun to share, if you could have any super power what would it be?
- ❖ Watch the video: A Man Will Never Let Me Down
- ❖ Questions and Interaction:
- ❖ Read Psalm 146:3-4 found on page 59.
 - Ask: Why do you think we fall into the temptation of hoping and believing “a man will never let us down?”
 - Read Exodus 20:23. Ask: How do we intentionally put God first and keep Him first?
 - What are some ways or things we can do to assure that we don’t misappropriate our affection?
 - On page 62, Julie writes that “Expecting a man to be perfect is not only unrealistic, but it also sets us up for failure. As women, we should never settle for anything less than God’s best, but neither can we expect any man to be Jesus Christ. We must avoid the enemy’s trappings and resist these two extremes.” How do we NOT settle for anything less than God’s best, without falling into the extreme of expecting a man to be perfect in every way?
 - How do we maintain godly expectations without being irrational, and still allow grace for man’s fallibility? How do we maintain standards and not become a door mat, yet allow room for error?
 - How do you keep from allowing your worth and joy to hinge on a man?
 - Do you uphold any expectations that are unrealistic?
- ❖ Read the “Questions to Ask” section on page 68 and consider doing the assigned applications that correlate with each question within the group. Encourage for people to share what they listed.
 - Julie writes that every relationship requires forgiveness and grace. What are some practical ways you can demonstrate those qualities in your life and relationship?
 - How does the simple truth that “No man, aside from Jesus Christ, will ever be perfect” challenge you?
 - Read Tammy Maltby’s quote on page 67. Ask: How has that statement proven true in your life?
- ❖ As a group, read the Scriptures provided on page 72 and encourage your group to silently reflect on the questions that follow.
- ❖ This week’s Call to action: Ask your group to consider the questions listed in the Practical Application section of this chapter and to spend time identifying ways to be more intentional in their relationship with God. Encourage them to commit and schedule to doing those things daily. Share ideas on how they can cultivate a relationship with God.

Week Four: Lie #4-A Man Only Wants One Thing

- ❖ Open your session with a time of fellowship and a get to know...This week ask: What is one of your favorite childhood memories?
- ❖ Watch the video: A Man Only Wants One Thing
- ❖ Questions and Interaction:
- ❖ Read Shaunti Feldhahn's quote from page 79 and then ask: Does this statistic surprise you? How does it challenge or encourage you?
 - How do you think the lie that *a man only wants one thing* impact our society or how has it influenced you personally?
 - How did the teachings you received in your upbringing influence your attitudes about sex?
 - How do you protect your purity and God's design for sexual intimacy in an oversaturated sex-crazed society?
 - How does our sexual purity impact our spirituality?
 - What is something past or present that would cause you to believe that men only want one thing?
 - What do you believe about sex?
 - How does the quote "Sex is a celebration of oneness—oneness of body, mind, and spirit reserved for the union of a husband and wife in holy marriage." Challenge or inspire you?
 - What does God's word say about sex? (See pages 87 through 92 for hints.)Why do you think God designed sex to only be shared between a husband and wife?
 - How do you combat improper sexual feelings or thoughts?
 - How do the things we talk about, what we watch and what we read impact our sexuality and spirituality?
 - How has or how is God challenging your beliefs about His design for sexual intimacy?
 - On page 84, Julie writes that "We can't change our feelings; we have to change the way we think. Our beliefs shape our actions. No one can consistently operate outside the congruency of their thoughts and expect to maintain integrity to an idea or good notion. It's impossible." Are you living congruent with God's Word or are there areas that you need to surrender to Him?
- ❖ Pray: Take this opportunity to take prayer requests. Based on the closeness of the group, you may need to have everyone close their eyes and do a response by a show of hands. Ask if anyone is struggling with sexual temptation or needing to surrender their life back to God's design of sexual integrity and purity.
- ❖ Read this week's Call to action located on Page 95 under the section entitled A Practical Application. Encourage each participant to apply the application.

Week Five: Lie #5-I Can Change Him

- ❖ Open your session with a time of fellowship and a get to know...This week invite your group to write on a single sheet of paper a description of their ideal man. Have them share their list that describes their ideal man...what he looks like, acts like, and lives like. After everyone shares (that is going to share) instruct them look at their list and ask the question...What kind of woman attracts that kind of man?
- ❖ Watch the video: I Can Change him
- ❖ Questions and Interaction:
- ❖ Read “A Moment of Preparation” located on page 96. Ask your group to share how the moment of preparation challenged them this week.
 - At the beginning of this Chapter, Julie shares about Hope and Chance. What are some of the universal lessons we can learn from Hope’s mistakes? (i.e. temptations of missionary dating in the hopes of helping a man reach his potential...error in thinking we will be the one to change him... the power of a man’s magnetism that influences our decisions... seemingly small compromises tend to grow to bigger ones.)
 - At the bottom of page 99, one of the biggest take-away lessons we can learn is that “changing a man’s heart is a job reserved for the Holy Spirit. When we try to change a man’s heart, it tends to lead either to concession or contempt.”
 - What are some practical ways that we can guard our mind from entertaining thoughts like I can change him and resist the temptation of wanting to *be the one* to help him reach his potential?
 - How does the central truth that “only God can change the human heart” (located at the bottom of page 101) challenge you?
 - Based on your group, whether it is a group of single women, married women, or a combination, spend some time reading 1 Corinthians 7:12-13 (married women) or 2 Corinthians 6:14-17 (single women.)
 - Then read through the bolded Steps 1-10 located on pages 108-111. Ask them which of the bolded steps challenged or inspired them the most. Which do they want to purposely practice over the next week?
 - Read through one or two of the “Verses to Consider” and discuss the questions that follow each passage. I personally like to discuss Ezekiel 36:25-28 and Luke 1:37; 18:27 and ask the questions: “As God puts a new heart in you, are there any areas of your life needing change? And, “Are you resting in God’s love in every area of your life, even the impossible areas?
- ❖ Invite your group to spend time praying for one another, pairing them off in groups of 2 or 3.
- ❖ Finally, before you dismiss your group, read the Fifth Truth found in the “For Your Reflection” section located on page 114.

Week Six: Lie #6-I Can Control Him

- ❖ Open your session with a time of fellowship and a get to know...This week ask: What are some of your pet peeves?
- ❖ Watch the video: I Can Control Him
- ❖ Questions and Interaction:
- ❖ Read possible definitions of control. Here are some provided from the *Encarta Dictionary: English (North America)*. "To exercise power or authority over something such as a business or nation." "To limit or restrict somebody or something, e.g. in expression, occurrence..." Ask your group to provide possible descriptions or synonyms for the word *control*.
 - Have you ever struggled with the need to control your man, your circumstances, or your relationships? Have you ever tried to control your man and influence him to do, say, and think what you wanted? Encourage them to share how they struggled and what they learned.
 - Julie shares that she felt compelled to convince her husband of all the areas he needed to conform...but that her conditions for conformity stemmed from her personal insecurities. Have you ever considered what fuels your need to control?
 - How has your desire to control impacted your relationship?
 - In the Moment for Preparation located on page 116, Julie encourages us to ask several questions...which of the questions stood out to you and why?
 - Have someone read David A. Seaman's quote (located on the bottom of page 120.) Ask your group, how does this quote challenge you?
 - Julie writes that she was convinced that her need for control was warranted until God challenged her to stop trying to be Greg's Holy Spirit. How does the thought that we are called to be our man's helper not his Holy Spirit challenge you?
 - Of the 10 ways (listed on page 128) that God changed Julie which would you like to put into practice in your life?
 - From the "Questions to Ask" section, ask your group: Are you living completely at peace, fully trusting in God's direction, or do you sometime attempt to manipulate your relationships to satisfy your insecurities?
 - Do you accept that God loves you and know that you are whole and healed? Or do you sometimes wrestle with self-loathing, self-hatred, or self-doubt?
 - Ask your group to identify which of the verses from the "Verses to Consider" section caught their attention the most, and why.
- ❖ Read the "Letter from the Father" and encourage your ladies to personalize the message.
- ❖ Have someone from your group read the "For Your Reflection" section located on page 134.
- ❖ Then, close in prayer by highlighting the practical application section of this chapter. Ask, what cares do you need to cast unto God and how is he calling you to change?

Week Seven: Lie #7-It's All His Fault

- ❖ Open your session with a time of connection. By now your group should be comfortable and feel safe. So...tonight we are going to play a little game. Depending on the size of the group you can play the game together or may need to separate into smaller groups. If your group has less than 10 people, play the game together. If you have more than 10 split in groups of 6. Groups need to maintain an even number of participants. As the leader you can participate or not participate to ensure an equal number. Here's how you'll play a modification of Pictionary. Write a quote on a piece of paper i.e. "The early bird gets the worm." Give the first person the quote and instruct them to privately read the quote and then on a separate sheet of paper to draw the quote (with pictures ONLY.) Then, have that person hand the drawing to the next person. The next person will look at the picture and decide what it means and write down a statement of what they think the picture illustrated in a simple quote. They then pass their written description to the next person. The next person will then have to draw a picture illustrating the statement they privately read and hand it to the next. The next person will write out a description and pass it to the next person who will draw what they read. Continue that process until you get to the last person. Have them read what they wrote. Then have the first person who started the process write what the quote began as. Make the point that (as humans) we have limited understanding. We interpret based off our perception. Tonight, we are going to try to honestly evaluate if there are things that we are not seeing accurately in our relationships.
- ❖ Watch the video: It's All His Fault
- ❖ Read Matthew 7:1-5, 12. Ask: Do you believe the best about your man, or do you tend to point out his faults.
- ❖ Questions and Interaction:
 - Julie writes that since Adam and Eve ate the forbidden fruit, "sin entered the world. Along with sin came the predisposition for self-preservation and an inclination to shift the blame." And then asks, "Have you ever disregarded God's command and excused your behavior, blaming it on your man's actions?" "Do you justify your actions or feelings by pointing to his?" (You may want to read some of the phrases provided on page 140.)
 - Julie shares that the enemy constantly seeks to destroy us and confuse us, to think self-righteously... What are some of the ways you've witnessed the devils lies? What does he whisper to you? How does he try to confuse or tempt you? (See samples on page 142.)
 - Julie writes "at the heart of intimacy resides unconditional love and acceptance. In order to receive unconditional love, we need to be willing to extend it." How have you witnessed God's unconditional love? How would you describe unconditional love?
 - Julie writes that "we gravitate toward what we contemplate." Encourage your participants to turn to page 151. Take the remaining part of your time together to answer together from the "Questions to Ask" section.
 - Read the "For Your Reflection" section located on page 156.
 - Pray together.
 - Assign them to read through the verses to consider section located on page 153 and to consider their responses to the questions provided there.

Week Eight: Lie #8-All Men Are Perverts

- ❖ Open your session by asking: If you could change one thing about yourself, what would it be?
- ❖ Watch the video: All Men Are Perverts
- ❖ Read “A Moment for Preparation” and ask for testimonies of how God challenged women as they read this chapter.
 - Ask them to share how God is changing the way they think and altering the private messages that echo through their mind about men.
 - Julie lists 4 choices that confronted her within her marriage on page 165, do any of the choices challenge you? Where do you see God wanting you to change?
 - Men are definitely wired differently, but rather than being irritated by those differences, we can choose to celebrate them. What attributes or characteristics do you appreciate and or celebrate about God’s design of men?
 - Julie writes that “No matter my reasons for judging, God was calling me to bear His likeness.” How is God asking you to bear His likeness in your relationships?
- ❖ Read Isaiah 53:5. Are there parts of your past or present that keep you from experiencing intimacy with God?
 - If you could ask God for healing in one area, what would it be?
 - Do past experiences or present temptations keep you from experiencing God’s love more intimately?
 - How can you make steps toward changing that? (Don’t be afraid to allow them to slowly work through the process of what they need to do.) You may help them in their process of discovery by asking, what practical changes can you make? What spiritual changes would you like to commit to that would help?
 - How can you choose to partner with God to experience healthier relationships?
 - Spend time reviewing and answering the “Questions to Ask” section on pages 172-173.
 - Allow for plenty of prayer time. Use discernment. This chapter tends to bring out tears. Tears are simply the physical manifestation of a deeper spiritual process of healing. Don’t rush. Invite God’s presence.
 - Close your meeting by reading the “For Your Reflection” section on page 178.
 - Encourage them to continually practice the “A Practical Application” section.

Week Nine: Lie #9-Men Are The Enemy

- ❖ Open your session with a question: What is your life purpose? What do you dream of accomplishing? What's your life's dream?
- ❖ Watch the video: Men Are The Enemy
- ❖ Read the "A Moment for Preparation" section. Ask how does that challenge you?
 - Don't answer out loud, but how would you finish this sentence, "All men are ..." Ask the group, now that you've answered that question in your mind, would anyone like to share how they finished that sentence?
 - Ralph Waldo Emerson said, "Every man is entitled to be valued by his best moments." Do you tend to find the good in people and expect the best or do you struggle to extend value within your relationships?
 - What are some practical ways that we can take our thoughts captive to the cross and honor men as God intended?
 - Julie wrote that she "formed opinions and categorized all men by a handful of broken ones." Have you ever struggled with negative thoughts about men? If so, how did you change your beliefs?
 - Have you ever made strong declarations or inscribed vows on the tablets of your heart that were destructive toward wholeness and healing, i.e. *I will never all a man to hurt me like that again. I will never trust a man. I'd rather live on my own than risk being hurt. I don't need anyone.* How did you replace those vows with God's unconditional love?
 - In what way do your experiences and beliefs contradict God's Word?
 - Julie shares to be healed completely, we must extend forgiveness. Tell of a time that you extended forgiveness and how it helped to heal your life.
 - Have someone read 1 Peter 5:8. According to this passage of Scripture who is our true enemy?
 - In this chapter, Julie writes "Greg was not my enemy. My father was not my enemy. The men who violated me were not the enemy. My true enemy was the devil." How does this thought, alongside 1 Peter 5:8, challenge you in your relationships and beliefs?
 - Recap any additional questions found in the section "Questions to Ask" that you feel are pertinent to your group and warrant greater discussion.
 - One of the things Julie highlights is that the only way she was truly able to extend forgiveness and unconditional love was by realizing what God did for her. She wondered, "If God could love me like that, could He empower me to extend the same love?" How has God demonstrated His love and forgiveness to you? (You may use this opportunity to lead someone to accept God's love and Lordship. If there are unsaved women attending...this would be a perfect opportunity to pray a prayer of salvation. If there are unsaved, you might begin by asking, there is no way to extend forgiveness unconditionally until we have first received forgiveness. Share how God redeemed you and covered you with His loving forgiveness.
- ❖ Read the "For Your Reflection" section.
- ❖ Encourage your group that if they struggle with forgiveness to re-read the "Verses to Consider" section of this chapter each day for the next week.
- ❖ Also, encourage them to spend time completing the "A Practical Application" section.

Week Ten: Lie #10-A Man Will Satisfy The Longing Of My Soul

- ❖ Open your session by asking, who has provided the greatest positive influence in your life?
- ❖ Watch the video-A Man Will Satisfy The Longing Of My Soul
- ❖ Read Psalm 118:8-9. How has the misappropriation of your affection to a man, caused you grief... And how does taking refuge in the Lord bring about healing? (Remind your group to keep their answers short enough that others will be able to share also.)
- ❖ Read Psalm 62:9. Julie writes, "To appreciate God's creation is life-giving; to worship God's creation destroys." So, how do we keep from ascribing God's position to a person? How do we guard our heart to uphold healthy relationships without allowing our happiness to be contingent on the approval of man?
- ❖ Read Isaiah 2:22. Julie reminds us to "put our confidence in the Creator not the created." So, how do we practically make God part of our decision making process and keep Him as the center of our life?
 - What are some other practical ways that we can keep from expecting our needs to be met in a man and instead seek after God's affirmation?
 - Julie writes that until we allow God to fill our God-vacuum we risk the temptation of allowing others to define us. So, how do we allow God to fill our soul and meet all of our needs?
 - What frustrates you or keeps you from seeking God more diligently?
 - How do you position your life to hear from Him and receive from Him? (Julie shares that a great way to invite God to speak to you daily is to pray as Samuel did, "Speak Lord, Your servant is listening." (1 Samuel 3:9) But she also cautions us to test everything with God's Word. God will never "reveal" anything to us that contradicts His Word.)
 - What are some passages of Scripture that really speak to you about God's love or that have encouraged you during times of distress?
 - Share a time that you felt discouraged, alone, or abandoned and God encouraged you. What happened?
 - Read "For Your Reflection" located on page 211.
 - As you close in prayer share this central thought: Julie challenges us that we are not smart enough, talented enough, eloquent enough...we need Jesus. Our humility invites God's limitless power. Are there some ways you need to surrender your relationship or life to God? If so, how can we pray for you?
 - Before your group leaves encourage them to zero in on the "A Practical Application" section and challenge them that if they don't have a routine scheduled time to seek God's presence and read His Word by committing to meet with Him 10 minutes each day for the next week. Challenge them to schedule that time in their planner and to guard it intently.

Week Eleven: Lie #11-God Loves You Passionately

- ❖ Open your session by pairing you groups in two's. Instruct them to take turns speaking encouragement over one another. Have them share what they appreciate about one another. As a leader, you may take a little extra time to share how they have personally encouraged you throughout the course of your time together.
- ❖ Watch the video: God Loves You Passionately.
- ❖ Read Jeremiah 31:3-4. Ask, how has God rebuilt you and demonstrated His love?
 - Julie writes that transformation begins when we truly embrace the truth that God loves us unconditionally and has forgiven us. Ask, but are there areas of your life that you still doubt God's love or try to hide from Him?
 - What causes us to step back when God calls us to step forward?
 - What patterns or paradigms war against your intimacy with God? (sin, wounds, un-forgiveness)
- ❖ Read Ephesians 2:10. Encourage each woman that she is beautifully loved. Created by God on purpose for a purpose. Ask them to summarize who God says they are and why they believe God created them. And to share how He made them unique. (Allow time for them to process and articulate.) If this is impossible for some... it's ok ... encourage them to begin to spend time asking God to clarify His design for their life.
 - Point out how the enemy constantly whispers accusations and words of discouragement and imminent failure. Ask, what are some of the most effective ways you've learned to silence his voice?
- ❖ Read Colossians 3:1-4. Ask, how does that verse encourage you? What does it say about forgiveness? How does it inspire you to press in to God?
- ❖ Read through the "Questions to Ask" section located on page 220. Allow time for your group to respond.
- ❖ Invite three separate volunteers to read: Isaiah 57:5. Isaiah 42:2-3. Psalm 103:12-17. Ask, how do these verses encourage you?
 - How does the thought that *when God created you He knew all the mistakes you'd make and He chose you any way* inspire you?
- ❖ Have your group close their eyes. Read "A Letter from the Father" located on page 223.
- ❖ Invite the group to take turns praying a couple of sentences that express thanks to God for something he is doing in their life. Then, personally close them out in prayer.
- ❖ Before you dismiss, let them know that next week will be a time of celebration. Depending on when you meet have them each bring an item of food and to come prepared with a written testimony of how this series challenged them, changed them, and caused life-transformation!

Week Twelve: Lie #12-Men Are For Celebrating

- ❖ Open with this question: Who is your modern-day hero?
- ❖ Watch the video: Men Are For Celebrating.
- ❖ Read Genesis 1:27. Ask, how does this foundational truth that man and woman are both made in God's image challenge or inspire them?
 - How can this truth inspire us to pray for our man or if we are single for our future husband?
 - How can we positively influence our man or others with our words, not as a form of manipulation, but out of genuine affirmation?
 - What are some of the ways you can inspire your man to greatness?
 - How can we reflect and promote God's image in our life?
 - How can we reflect God's glory in our day to day routines?
- ❖ For the remaining of your meeting time, CELEBRATE together over food, dessert, or horsd'oeuvres. Invite open discussion of testimonies. Ask women to share what they wrote on how the series encouraged them, challenged them, changed them, promoted life-transformation.
- ❖ Send your testimonies to info@fyinspiration.org. We'd love to read them.
- ❖ If you've enjoyed the series, ask your group if they think it would be fun to have Julie come and share at a luncheon, conference, or weekend retreat. Send all requests for speaking to: julie@juliegorman.com.